



JANA OWEN, Owner/Director

Jana Owen has been teaching Ballet, Pointe and Lyrical for over 20 years and is known for her dynamic teaching style, attention to detail, and innovative choreography. Jana began dancing at the age of nine and spent most of her childhood under the instruction of Stan and Sharon Rogers. She continued her ballet training after high school by majoring in Ballet at Friends University for four years. Jana has worked for and danced professionally with The Louisville Ballet in Louisville, KY and Hubbard Street Dance in Chicago. She has also continued her training by taking from such classical ballet greats as David Howard, Helen Starr, & Bruce Marks.

Her love of classical ballet is not to be outdone by her love of contemporary ballet and she has taken classes from some of the most innovative and cutting edge choreographers in the country including Mia Michaels, Mandy Moore, & Sonya Tayeh. A passion for ballet and teaching keeps her excited about passing her knowledge on to the next generation of dancers.

INSTRUCTS: Ballet, Contemporary, Lyrical, and Creative Movement for Tiny Dancers | Progressing Ballet Technique [™] Certified Instructor