

# AGE 18 MO - 6

*cognitive,  
emotional,  
social & physical  
benefits*

## *tiny dancers* 2025/2026



Did you know that research confirms that dance training has cognitive, emotional, social AND physical benefits for children?! Children who take dance classes learn valuable skills such as teamwork, self-expression, discipline, respect, memory skills and more; while at the same time making new friends and increasing their flexibility and strength!

We are proud to offer a wide variety of FUN classes designed especially for "Tiny Dancers" ages 18 months - age 6. Our classes use a progressive curriculum and include individual feedback and progress sheets for dancers, age appropriate and motivating music, and lots of imaginative and creative movements that are sure to delight the tiniest of dancers!

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Mommy & Me / Move with Me! (ages 18 mo - 3)	10:00 - 10:45 AM AK			6:00 - 6:45 PM MJ
Storytime Ballet (ages 3/4/5/6)				
Taps & Twirls 1 (ages 3/4)	4:30 - 5:15 PM AK	5:15 - 6:00 PM ES	4:30 - 5:15 PM AK	
Taps & Twirls 1/2 (ages 3/4)	10:45 - 11:30 AM AK	12:45 - 1:30 PM CB	5:15 - 6:00 PM AK	
Taps & Twirls 2 (ages 4/5)		6:00 - 6:45 PM ES		
Tutus & Tennessees (ages 3/4)	11:30 - 12:15 PM AK			
Kinder Kidz: Ballet/Tap (ages 5/6)	5:15 - 6:00 PM AK		5:15 - 6:00 PM SA 6:45 - 7:30 PM HB	
Kinder Kidz: Hip Hop/Jazz (ages 5/6)	6:00 - 6:45 PM TT		6:00 - 6:45 PM HB	4:30 - 5:15 PM AL
Kinder-Pom (ages 4/5/6)				5:15 - 6:00 PM AL
Tiny Tumblers (ages 3/4/5)			4:30 - 5:15 PM SA	
Tiny Dancer Sampler (ages 4/5/6)				5:15 - 6:00 PM MJ



TINY DANCER TEACHER KEY			
AK	Ashlynn Kennedy	JO	Jana Owen
AL	Anna Luttrell	MJ	Maddie Jensen
CW	Courtney Wages	SA	Skylar Adamson
ES	Eliza Sweet	TT	Traci Traffas



## tiny dancer program

**AGE 18 MO - AGE 6**

Our Tiny Dancer programming is designed to support self expression and creative movement in a FUN and exciting environment. While learning Ballet, Tap, Jazz, Hip Hop & Acro, our Tiny Dancers thrive on dance parties, sticker rewards, and an abundance of suckers!



### MOVE WITH ME!

ages 18 months - 2

This joyful and engaging class is designed for toddlers and their caregivers to explore movement and music together! Perfect for little ones 18 months and up, Move with Me encourages motor skill development, rhythm, and coordination through playful dance activities, songs, and interactive props. With a focus on connection, creativity, and fun, guardians actively participate, helping their child feel supported and confident as they take their first steps into the world of dance. No dance experience needed—just a willingness to move and have fun together!



### TAPS & TWIRLS

ages 3 - 5

This fun combo class blends the grace of ballet with the lively rhythms of tap, giving young dancers a strong foundation in both styles. Dancers build technique, coordination, and musicality while boosting confidence and sparking imagination in a positive, encouraging setting—perfect for little ones who love to twirl and make music with their feet!



### TUTUS & TENNIES

ages 3 - 5

Get ready to groove in Tutus & Tennies! This upbeat Hip Hop/Jazz Funk combo class is designed for tiny dancers ready to try out a new style. Ditch the ballet shoes, lace up your tennis shoes, and hit the floor for high-energy combos, fun music, and confidence-building fun. Perfect for little ones who want to move, shake, and dance with plenty of attitude and flair!



### STORYTIME BALLET

ages 4 - 6

Step into a world of magic with Story Time Ballet! Each class features a beloved fairytale that is also a famous ballet, letting dancers bring the story to life through movement. Children will dance to enchanting music while learning and applying ballet technique as they twirl through each tale. Perfect for little ones who love stories, imagination, and dancing like a true ballerina!



### KINDER-KIDZ COMBOS

ages 4 - 6

Kinder Kidz offers two exciting combo classes designed just for young dancers! Choose between Ballet/Tap, blending grace and lively rhythms, or Jazz/Hip Hop, packed with energy and style—or take both for the ultimate dance experience! Each class builds coordination, musicality, and confidence while sparking imagination in a positive, encouraging setting—perfect for little ones who love to move, groove, and shine!



### TINY DANCER SAMPLER

ages 4 - 6

Tiny Dancer Sampler is the perfect class for little ones who want to try it all! This fun, introductory class rotates weekly through six exciting dance styles—Ballet, Tap, Jazz, Hip Hop, Acro, and Dance Team—giving dancers a chance to explore each one. With a new style to discover every week, Tiny Dancers will build confidence, learn new skills, and find their favorites while having a blast!



### TINY TUMBLERS

ages 3 - 5

Beginning Acro builds strength, flexibility, and coordination through fun, skill-based activities! Using the Acrobatic Arts progressive curriculum, dancers learn foundational skills like pike position, skipping, pre-cartwheels, and pliés while developing balance, cooperation, and confidence. Through imaginative play and repetition—not back handsprings—young movers gain a strong foundation on and off the mat.



### KINDER-POM

ages 4 - 6

Kinder-Pom is a fun, high-energy class for kindergarteners to explore the basics of jazz and pom dance! Dancers build rhythm, coordination, and technique through imaginative games and routines featuring kicks, jumps, and turns—complete with colorful pom-poms for extra sparkle. This class is a great introduction to styles not offered in the preschool program and pairs perfectly with Ballet/Tap or Jazz/Hip Hop combo classes.



## FALL 2025 SCHEDULE

CLASS	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Mommy & Me / Move with Me! (ages 18 mo - 3)	10:00 - 10:45 am AK 4:30 - 5:15 pm HB 6:45 - 7:30 pm AK	10:00 - 10:45 am HB 6:00 - 6:45 pm MJ		9:00 - 9:45 am TBD
Storytime Ballet (ages 3/4/5/6)	6:00 - 6:45 pm TT			
Taps & Twirls 1 (ages 3/4)		5:15 - 6:00 pm MJ		9:45 - 10:30 am TBD
Taps & Twirls 1/2 (ages 3/4)	10:45 - 11:30 am AK	10:45 - 11:30 am HB	6:00 - 6:45 pm HB	
Taps & Twirls 2 (ages 4/5)	5:15 - 6:00 pm HB			10:30 - 11:15 am TBD
Tutus & Tennies (ages 3/4)		11:30 - 12:15 pm HB 4:15 - 5:00 pm ES		
Kinder Kidz: Ballet/Tap (ages 5/6)		6:45 - 7:30 pm MJ	5:15 - 6:00 pm HB	9:00 - 9:45 am TBD
Kinder Kidz: Hip Hop/Jazz (ages 5/6)		6:00 - 6:45 pm ES	4:30 - 5:15 pm HB	9:45 - 10:30 am TBD
Kinder-Pom (ages 4/5/6)	4:30 - 5:15 pm AK			
Tiny Tumblers (ages 5/6)			4:00 - 4:45 PM LN	
Tiny Dancer Sampler (ages 4/5/6)	7:30 - 8:15 pm TT			

