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midwest dance mechanix

SUMMER.2023



CATALOG OF CLASSES

summer session dates

June 5th - July 28th

No Classes on July 4th

MDM
MIDWEST DANCE MECHANIX

3805 N. HYDRAULIC AVENUE | WICHITA, KS | 67219



all about our dance family!

My name is Jana Owen and I am the owner and director of Midwest Dance Mechanix (MDM). Dance has been my passion since I first discovered it at the age of nine. After spending some time dancing professionally, I discovered that my true passion lies in teaching and helping students of all ages discover their own unique potential. At MDM, we consider ourselves a FAMILY. A dance family where dancers are supported and encouraged to accomplish their goals in a nurturing and positive environment. We set our standards high and believe in recognizing each student for their individual accomplishments and progress. Teaching and building a strong foundation of technique across all dance disciplines is fundamental to our curriculum and mission. In short, we believe that dance training is **life training** and that the benefits a student receives from dance training extend far beyond the studio doors. I invite you to learn more about what makes Midwest Dance Mechanix special and am honored you are considering becoming a part of our dance family ♥



WHAT MAKES MDM SPECIAL?

- ✓ **TECHNIQUE FOCUSED CURRICULUM:** All of our classes use a progressive curriculum that focuses on building a strong foundation of proper technique. Learning how to accomplish skills in the proper way ultimately helps dancers achieve greater success and avoids the potential for injury in the future. We would rather something be done right than showy!
- ✓ **QUALIFIED AND WELL TRAINED INSTRUCTORS:** All of our instructors are college educated and highly trained within their specific dance discipline. MDM provides ongoing professional development to all of its instructors biannually and commits to employing instructors who are dedicated to personal growth and excellence in dance instruction.
- ✓ **HIGH STANDARDS IN A NURTURING ENVIRONMENT:** We want dance to be the very best part of our dancers' lives! We want to challenge them to grow physically, mentally and emotionally through dance and we believe that this is best accomplished in a nurturing and supportive environment. We recognize and celebrate individual progress over perfection and genuine effort over precise execution. It is our job to guide dancers to recognize their strengths and to help them learn to grow from their challenges. This is the beauty of how dance training becomes life training!
- ✓ **COMMITMENT TO HEALTH & SAFETY:** We are fully committed to providing a safe and healthy environment in which dancers can maximize their potential. This commitment to health and safety includes both the physical and mental health of our dancers as well as the space in which they train. We provide ongoing education related to important subjects such as injury prevention, body image, nutrition, growth mindset, and more.
- ✓ **INDIVIDUAL FOCUS:** Through the use of individual progress sheets, biannual student evaluations, and individual goal setting, we are able to help each student grow and develop at their own pace and in a manner that allows them to be challenged as well as experience success. Through these tools, our instructors are able to build individual relationships with dancers and are invested in their individual progress. We want to help each dancer **discover their own potential!**

WE COMMIT TO

- ✓ AGE APPROPRIATE MUSIC CHOICES
- ✓ DANCE PARTIES & FUN STUDIO EVENTS
- ✓ MODEST COSTUME CHOICES
- ✓ CLEAR & CONSISTENT COMMUNICATION
- ✓ PERSONAL & INDIVIDUAL FEEDBACK
- ✓ ORGANIZED PROGRAMMING
- ✓ FRIENDLY & RESPONSIVE STAFF
- ✓ BUILDING CONFIDENCE & RESPECT
- ✓ CLEAN & SAFE STUDIO SPACE

OUR MISSION:

TO DEVELOP A LIFELONG LOVE OF DANCE, MOVEMENT AND PHYSICAL FITNESS; TO FOSTER AN APPRECIATION OF THE ART FORM AND TO PROVIDE EXCELLENCE IN DANCE EDUCATION.

★★★★★
We love MDM!

"The instructors are amazing and always have the dancers best interest in mind. The environment is encouraging and supportive and they provide amazing technique training. We are so appreciative of all the opportunities that are provided for the dancers and the support they receive in reaching for their dreams."



★★★★★

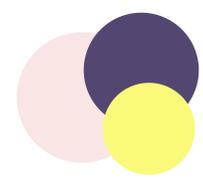
"This studio is like a home away from home for my daughter! The instructors are amazing, the students are so kind and fun-loving, and the parents are supportive! We couldn't ask for a better dance family or better people to be role models for our daughter. If you aren't dancing at MDM, you should be!"



“ Thanks to Midwest Dance Mechanix, my daughter has grown beyond our dreams, not only in dance but as a human too. She has learned about teamwork, sportsmanship, humility and pride. The teachers at MDM are professionals with a focus on technique that you will find no where else in the state. ”

★★★★★

AGE 18 MO - 5



*cognitive,
emotional,
social & physical
benefits*

tiny dancers

SUMMER.2023

CLASS	DAY	TIME
Taps & Twirls 1 (ages 3/4)	Monday	4:30 PM - 5:15 PM
Taps & Twirls 1 (ages 3/4)	Tuesday	5:15 PM - 6:00 PM
Taps & Twirls 1 (ages 3/4)	Friday	9:00 AM - 9:45 AM
Taps & Twirls 2 (ages 4/5)	Wednesday	5:15 PM - 6:00 PM
Taps & Twirls 2 (ages 4/5)	Thursday	6:00 PM - 6:45 PM
Taps & Twirls 2 (ages 4/5)	Friday	9:00 AM - 9:45 AM
Kinder-Kidz: Ballet/Tap (ages 5/6)	Monday	5:15 PM - 6:00 PM
Kinder-Kidz: Ballet/Tap (ages 5/6)	Wednesday	6:00 PM - 6:45 PM
Kinder-Kidz: Jazz/Hip Hop (ages 5/6)	Monday	6:00 PM - 6:45 PM
Kinder-Kidz: Jazz/Hip Hop (ages 5/6)	Wednesday	5:15 PM - 6:00 PM

Did you know that research confirms that dance training has cognitive, emotional, social AND physical benefits for children?!

Children who take dance classes learn valuable skills such as teamwork, self-expression, discipline, respect, memory skills and more; while at the same time making new friends and increasing their flexibility and strength!

We are proud to offer a wide variety of FUN classes designed especially for "Tiny Dancers" ages 18 months - age 5. Our classes use a progressive curriculum and include individual feedback and progress sheets for dancers, age appropriate and motivating music, and lots of imaginative and creative movements that are sure to delight the tiniest of dancers!

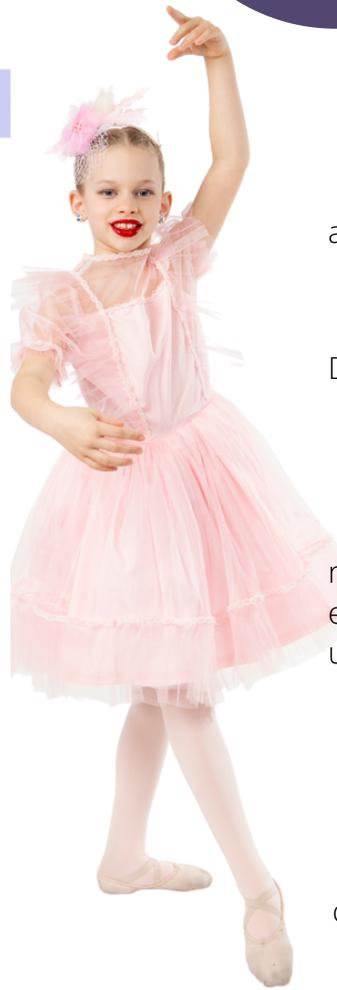


AGE 6 - 8

mini classes

SUMMER.2023

take 2-3
classes per week
for maximum
benefit!



Dancers ages 6 - 8 use a progressive curriculum in all genres designed to teach proper technique and dance fundamentals in a fun and nurturing environment.

Dancers have performance opportunities in the Holiday Showcase (December) and Spring Recital (May) and will receive individual feedback each semester through the use of curriculum progress sheets.

Intro classes are best for students with no dance experience. Leveled classes are placement classes based on previous dance experience.

CLASS	DAY	TIME
Mini Ballet 1	Wednesday	5:15 PM - 6:00 PM
Mini Ballet 1	Thursday	4:30 PM - 5:15 PM
Mini Ballet 2	Thursday	5:15 PM - 6:00 PM
Mini Ballet 3	Tuesday	5:15 PM - 6:00 PM
Mini Ballet 3	Wednesday	5:15 PM - 6:00 PM
Mini Jazz 1	Thursday	5:15 PM - 6:00 PM
Mini Jazz 2	Thursday	4:30 PM - 5:15 PM
Mini Jazz 3	Tuesday	7:30 PM - 8:15 PM
Mini Tap 1	Thursday	6:45 PM - 7:30 PM
Mini Tap 2	Wednesday	7:30 PM - 8:15 PM
Mini Hip Hop 1	Wednesday	6:00 PM - 6:45 PM
Mini Hip Hop 1	Thursday	6:00 PM - 6:45 PM
Mini Hip Hop 2	Wednesday	8:15 PM - 9:00 PM

speciality classes

Contemporary 1* (Ballet 3 prerequisite)	Tuesday	6:00 PM - 6:30 PM
Leaps & Turns 1* (Jazz 3 prerequisite)	Tuesday	6:30 PM - 7:00 PM
Intro to Lyrical*	Wednesday	6:00 PM - 6:45 PM
Mini/Jr Music Theatre A* (Jazz 3 prerequisite)	Tuesday	7:00 PM - 7:30 PM
Mini/Jr Music Theatre B* (Jazz 4 prerequisite)	Monday	6:45 PM - 7:30 PM
Tiny/Mini Acro 1/2	Tuesday	4:30 PM - 5:15 PM
Strength & Stretch* (Mini/Jr Ballet 3 prereq)	Wednesday	4:30 PM - 5:15 PM



AGE 9 - 12

junior classes

SUMMER.2023

take 3 - 4
classes per week
for maximum
benefit!



speciality classes

CLASS	DAY	TIME
Intro to Ballet	Tuesday	6:00 PM - 6:45 PM
Junior Ballet 2	Thursday	6:45 PM - 7:30 PM
Junior Ballet 3	Tuesday	5:15 PM - 6:00 PM
Junior Ballet 3	Wednesday	5:15 PM - 6:00 PM
Junior Ballet 4	Monday	5:45 PM - 6:45 PM
Junior Ballet 4	Tuesday	6:30 PM - 7:30 PM
Intro to Jazz	Tuesday	6:45 PM - 7:30 PM
Junior Jazz 2	Thursday	7:30 PM - 8:15 PM
Junior Jazz 3	Tuesday	7:30 PM - 8:15 PM
Junior Jazz 3	Wednesday	6:45 PM - 7:30 PM
Junior Jazz 4	Tuesday	5:00 PM - 6:00 PM
Intro to Tap	Monday	7:30 PM - 8:15 PM
Junior Tap 2	Wednesday	7:30 PM - 8:15 PM
Junior Tap 3	Tuesday	6:00 PM - 6:45 PM
Junior Tap 4	Tuesday	7:30 PM - 8:15 PM
Intro to Hip Hop	Monday	8:15 PM - 9:00 PM
Junior Hip Hop 2	Wednesday	8:15 PM - 9:00 PM
Junior Hip Hop 2	Thursday	6:00 PM - 6:45 PM
Junior Hip Hop 3	Tuesday	8:15 PM - 9:00 PM
Junior Hip Hop 4	Monday	7:30 PM - 8:15 PM

CLASS	DAY	TIME
Contemporary 1* (Ballet 3 prerequisite)	Tuesday	6:00 PM - 6:30 PM
Contemporary 2* (Ballet 4 prerequisite)	Monday	5:15 PM - 5:45 PM
Leaps & Turns 1* (Jazz 3 prerequisite)	Tuesday	6:30 PM - 7:00 PM
Leaps & Turns 2* (Jazz 4 prerequisite)	Tuesday	4:30 PM - 5:00 PM
Mini/Jr Music Theatre A* (Jazz 3 prerequisite)	Tuesday	7:00 PM - 7:30 PM
Mini/Jr Music Theatre B* (Jazz 4 prerequisite)	Monday	6:45 PM - 7:30 PM
Intro to Lyrical*	Wednesday	6:00 PM - 6:45 PM
Lyrical 1* (Jazz 4 prerequisite)	Tuesday	6:00 PM - 6:30 PM
Intro to Acro*	Tuesday	8:15 PM - 9:00 PM
Junior Acro 2/3*	Monday	8:15 PM - 9:00 PM
Progressing Ballet Technique (Jr Ballet 4+ prereq)	Saturday	8:15 AM - 9:00 AM

Dancers ages 9 - 12 use a progressive curriculum in all genres designed to teach proper technique and dance fundamentals in a fun and nurturing environment.

Dancers have performance opportunities in the Holiday Showcase (December) and Spring Recital (May) and will receive individual feedback each semester through the use of curriculum progress sheets.

Intro classes are best for students with no dance experience. Leveled classes are placement classes based on previous dance experience.



AGE 12 - 19

teen classes

take 4-5 classes per week for maximum benefit!

CLASS	DAY	TIME
Intro to Ballet	Tuesday	6:00 PM - 6:45 PM
Teen Ballet 1	Tuesday	6:00 PM - 6:45 PM
Teen Ballet 2	Monday	5:15 PM - 6:15 PM
Teen Ballet 3	Monday	5:15 PM - 6:15 PM
Teen Ballet 4	Monday	6:45 PM - 7:45 PM
Teen Ballet 4	Wednesday	8:15 PM - 9:15 PM
Intro to Jazz	Tuesday	6:45 PM - 7:30 PM
Teen Jazz 1	Tuesday	6:45 PM - 7:30 PM
Teen Jazz 2	Monday	6:45 PM - 7:30 PM
Teen Jazz 3	Thursday	4:30 PM - 5:30 PM
Teen Jazz 4	Thursday	7:30 PM - 8:30 PM
Intro to Tap	Monday	7:30 PM - 8:15 PM
Teen Tap 1	Monday	7:30 PM - 8:15 PM
Teen Tap 2	Thursday	8:15 PM - 9:00 PM
Teen Tap 3	Thursday	8:15 PM - 9:00 PM
Intro to Hip Hop	Monday	8:15 PM - 9:00 PM
Teen Hip Hop 1	Monday	8:15 PM - 9:00 PM
Teen Hip Hop 2	Thursday	7:30 PM - 8:15 PM
Teen Hip Hop 3	Monday	4:30 PM - 5:15 PM

SUMMER. 2023



speciality classes

CLASS	DAY	TIME
Teen Contemporary/ Modern (Ballet 2 prerequisite)	Monday	6:15 PM - 6:45 PM
Teen Lyrical (Jazz 2 prerequisite)	Thursday	8:30 PM - 9:15 PM
Teen Leaps & Turns (Jazz 2 prerequisite)	Thursday	5:30 PM - 6:00 PM
Teen Pointe	Monday	7:45 PM - 8:30 PM
Intro to Acro	Tuesday	8:15 PM - 9:00 PM
Teen Acro 1	Tuesday	8:15 PM - 9:00 PM
Teen Acro 2	Tuesday	7:30 PM - 8:15 PM
Advanced Conditioning for Dancers	Monday	6:00 PM - 6:45 PM

Dancers ages 12+ use a progressive curriculum in all genres designed to teach proper technique and dance fundamentals in a fun and nurturing environment. Dancers have performance opportunities in the Holiday Showcase (December) and Spring Recital (May) and will receive individual feedback each semester through the use of curriculum progress sheets & individual goal setting sessions.



AGE 9 & UP

advanced ballet

AND CONTEMPORARY & PBT CLASSES

SUMMER 2023

Our Advanced Curriculum programming requires instructor placement in all levels and is designed to challenge students who are committed to serious dance training. Students will receive individual feedback and class evaluations each semester. Most Advanced level classes are designated as "technique only" and will not perform in our bi-annual recitals.

CLASS	DAY	TIME
Advanced Ballet 1	Monday	6:30 PM - 7:30 PM
Advanced Ballet 1	Wednesday	6:00 PM - 7:15 PM
Advanced Ballet 1	Wednesday	7:15 PM - 8:15 PM
Advanced Ballet 2	Thursday	7:30 PM - 8:45 PM
Advanced Ballet 2	Friday	9:00 AM - 10:30 AM
Advanced Ballet 3	Tuesday	5:00 PM - 6:15 PM
Advanced Ballet 3	Thursday	4:30 PM - 6:00 PM
Advanced Ballet 3	Friday	9:00 AM - 10:30 AM
Advanced Ballet 4	Monday	4:30 PM - 6:00 PM
Advanced Ballet 4	Wednesday	6:45 PM - 8:00 PM
Advanced Ballet 4	Wednesday	4:30 PM - 6:00 PM
Advanced Ballet 4	Thursday	4:30 PM - 6:00 PM
Advanced Ballet 4	Friday	9:00 AM - 10:30 AM
Advanced Ballet 5	Monday	4:30 PM - 6:00 PM
Advanced Ballet 5	Wednesday	4:30 PM - 6:00 PM
Advanced Ballet 5	Thursday	4:30 PM - 6:00 PM
Advanced Ballet 5	Friday	9:00 AM - 10:30 AM
Progressing Ballet Technique	Tuesday	4:30 PM - 5:00 PM
Progressing Ballet Technique	Saturday	8:15 AM - 9:00 AM
Strength & Stretch	Wednesday	4:30 PM - 5:15 PM
Adult Ballet	Monday	6:30 PM - 7:30 PM
Adult Ballet	Wednesday	6:00 PM - 7:15 PM

speciality classes

CLASS	DAY	TIME
Contemporary 3	Wednesday	8:15 PM - 9:00 PM
Contemporary 4	Thursday	6:45 PM - 7:30 PM
Contemporary 5	Tuesday	6:45 PM - 7:30 PM
Contemporary 6	Thursday	7:30 PM - 8:15 PM
Contemporary 7	Wednesday	6:00 PM - 6:45 PM
Prepointe	Thursday	8:45 PM - 9:15 PM
Pointe 1	Tuesday	6:15 PM - 6:45 PM
Pointe 1	Wednesday	8:00 PM - 8:45 PM
Pointe 2	Monday	6:00 PM - 6:30 PM
Pointe 2	Thursday	6:00 PM - 6:45 PM
Pointe 3	Monday	6:00 PM - 6:30 PM
Pointe 3	Thursday	6:45 PM - 7:30 PM
Classical Partnering	Thursday	8:15 PM - 9:00 PM
Classical Variations	Thursday	7:30 PM - 8:15 PM

2-3 ballet classes per week are recommended for advanced dancers



MDM
MIDWEST DANCE MECHANIX

***TECHNIQUE ONLY**

AGE 9 & UP

advanced jazz

AND LYRICAL & MUSIC THEATRE CLASSES

SUMMER.2023

Add a Leaps & Turns class & Lyrical class to maximize your jazz training!

music theatre classes

CLASS	DAY	TIME
Advanced Jazz 1	Tuesday	6:00 PM - 7:00 PM
Advanced Jazz 2	Monday	5:00 PM - 6:00 PM
Advanced Jazz 3	Wednesday	6:45 PM - 7:45 PM
Advanced Jazz 4	Monday	7:30 PM - 8:30 PM
Advanced Jazz 4	Wednesday	5:00 PM - 6:00 PM
Advanced Jazz 5	Monday	7:30 PM - 8:30 PM
Advanced Jazz 5	Wednesday	6:45 PM - 7:45 PM
Leaps & Turns 3	Tuesday	7:00 PM - 7:30 PM
Leaps & Turns 4	Monday	4:30 PM - 5:00 PM
Leaps & Turns 5	Wednesday	7:45 PM - 8:15 PM
Leaps & Turns 6	Wednesday	4:30 PM - 5:00 PM
Leaps & Turns 7	Wednesday	7:45 PM - 8:15 PM

CLASS	DAY	TIME
Advanced Music Theatre A	Thursday	5:15 PM - 6:00 PM
Advanced Music Theatre B	Thursday	6:45 PM - 7:30 PM
Advanced Music Theatre C	Tuesday	7:30 PM - 8:15 PM

Our Advanced Curriculum programming requires instructor placement in all levels and is designed to challenge students who are committed to serious dance training. Students will receive individual feedback and class evaluations each semester. Most Advanced level classes are designated as "technique only" and will not perform in our bi-annual recitals.

lyrical classes

CLASS	DAY	TIME
Lyrical 2	Tuesday	8:15 PM - 9:00 PM
Lyrical 3	Monday	6:00 PM - 6:45 PM
Lyrical 4	Wednesday	8:15 PM - 9:00 PM
Lyrical 5	Wednesday	6:00 PM - 6:45 PM
Lyrical 6	Wednesday	8:15 PM - 9:00 PM



MDM MIDWEST DANCE MECHANIX

***TECHNIQUE ONLY**

AGE 9 & UP

advanced curriculum

TAP, HIP HOP, ACRO & STRENGTH & STRETCH

CLASS	DAY	TIME
Advanced Tap 1	Monday	8:15 PM - 9:00 PM
Advanced Tap 2	Thursday	6:00 PM - 6:45 PM
Advanced Tap 3	Tuesday	8:15 PM - 9:00 PM
Advanced Tap 4	Tuesday	6:00 PM - 6:45 PM
Adult Tap	Monday	7:30 PM - 8:15 PM
Advanced Hip Hop 1	Monday	7:30 PM - 8:15 PM
Advanced Hip Hop 2	Tuesday	7:30 PM - 8:15 PM
Advanced Hip Hop 3	Thursday	8:15 PM - 9:00 PM
Advanced Hip Hop 4	Monday	6:45 PM - 7:30 PM
Advanced Acro	Tuesday	5:15 PM - 6:00 PM
Advanced Conditioning for Dancers	Monday	6:00 PM - 6:45 PM
Strength & Stretch	Wednesday	4:30 PM - 5:15 PM

Our Advanced Curriculum programming requires instructor placement in all levels and is designed to challenge students who are committed to serious dance training. Students will receive individual feedback and class evaluations each semester and will have opportunities to perform in the both the Holiday Showcase (December) and Spring Recital (May), However, many Advanced classes are "technique only" and do not perform in these performances.



SUMMER.2023

SUMMER 2023: MONDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
4:30	4:30 - 5:00 pm		4:30 - 5:15 pm	4:30 - 6:00 pm		4:30 - 5:15 pm
4:45	Leaps & Turns 4		Taps & Twirls: 1	Advanced Ballet 4/5		Teen Hip Hop 3
5:00	5:00 - 6:00 pm					
5:15	Advanced Jazz 2		5:15 - 6:00 pm		5:15 - 5:45 pm	5:15 - 6:15 pm
5:30			Kinder-Kidz: Ballet/ Tap Combo		Contemporary 2	Teen Ballet 2/3
5:45					5:45 - 6:45 pm	
6:00	6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 6:30 pm	Junior Ballet 4	
6:15	Advanced Conditioning for Dancers (prereq Teen 4/Adv 3/4/5)	Lyrical 3	Kinder-Kidz: Jazz/ Hip Hop Combo	Pointe 2/3		6:15 - 6:45 pm Teen Contemporary/ Modern (prereq Teen Ballet 2+)
6:30				6:30 - 7:30 pm		
6:45		6:45 - 7:30 pm	6:45 - 7:30 pm	Advanced Ballet 1+/Adult Ballet	6:45 - 7:30 pm	6:45 - 7:45 pm
7:00		Mini/Junior Music Theatre B (compliments Jr4/ AdJ1)	Teen Jazz 2		Advanced Hip Hop 4	Teen Ballet 4
7:15						
7:30	7:30 - 8:30 pm	7:30 - 8:15 pm	7:30 - 8:15 pm	7:30 - 8:15 pm		
7:45	Advanced Jazz 4/5	Junior 4/Advanced Hip Hop 1	Intro/Teen Tap 1	Adult Tap		7:45 - 8:30 pm
8:00						Teen Pointe
8:15		8:15 - 9:00 pm	8:15 - 9:00 pm		8:15 - 9:00 pm	
8:30		Junior Acro 2/3	Intro/Teen Hip Hop 1		Advanced Tap 1	
8:45						
9:00						

SUMMER 2023: TUESDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
4:30	4:30 - 5:00 pm	4:30 - 5:15 pm		4:30 - 5:00 pm		
4:45	Progressing Ballet Technique (prereq Adv 1+)	Mini/Tiny Acro 1/2		Leaps & Turns 2		
5:00	5:00 - 6:15 pm			5:00 - 6:00 pm		
5:15	Advanced Ballet 3	5:15 - 6:00 pm	5:15 - 6:00 pm	Junior Jazz 4		5:15 - 6:00 pm
5:30		Advanced Acro	Taps & Twirls: 1			Mini/Junior Ballet 3
5:45						
6:00		6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 7:00 pm	6:00 - 6:30 pm	6:00 - 6:30 pm
6:15	6:15 - 6:45 pm Pointe 1	Intro/Teen Ballet 1	Junior Tap 3	Advanced Jazz 1	Contemporary 1	Lyrical 1
6:30					6:30 - 7:00 pm	6:30 - 7:30 pm
6:45	6:45 - 7:30 pm	6:00 - 6:45 pm	6:45 - 7:30 pm		Leaps & Turns 1	Junior Ballet 4
7:00	Contemporary 5	Advanced Tap 4	Intro/Teen Jazz 1	7:00 - 7:30 pm	7:00 - 7:30 pm	
7:15				Leaps & Turns 3	Mini/Junior Music Theatre A (compliments Mini/Junior Jazz 3)	
7:30	7:30 - 8:15 pm	7:30 - 8:15 pm	7:30 - 8:15 pm	7:30 - 8:15 pm	7:30 - 8:15 pm	7:30 - 8:15 pm
7:45	Advanced Hip Hop 2	Teen Acro 1/2	Junior Tap 4	Adv Music Theatre C (compliments AdJ 4/5 - HEELS)	Mini Jazz 3	Junior Jazz 3
8:00						
8:15	8:15 - 9:00 pm	8:15 - 9:00 pm		8:15 - 9:00 pm	8:15 - 9:00 pm	
8:30	Junior Hip Hop 3	Intro to Acro/Teen Acro 1		Lyrical 2	Advanced Tap 3	
8:45						

SUMMER 2023: WEDNESDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
4:30	4:30 - 5:00 pm			4:30 - 5:15 pm		4:30 - 6:00 pm
4:45	Leaps & Turns 6			Strength & Stretch (prereq Mini/Jr Ballet 3)		Advanced Ballet 4/5
5:00	5:00 - 6:00 pm					
5:15	Advanced Jazz 4	5:15 - 6:00 pm	5:15 - 6:00 pm	5:15 - 6:00 pm	5:15 - 6:00 pm	
5:30		Taps & Twirls 2	Kinder-Kidz: Jazz/Hip Hop Combo	Mini/Junior Ballet 3	Mini Ballet 1	
5:45						
6:00	6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 7:15 pm
6:15	Lyrical 5	Intro to Lyrical (compliments Mini/Junior Jazz 3)	Kinder-Kidz: Ballet/ Tap Combo	Contemporary 7	Mini Hip Hop 1	Advanced Ballet 1+/ Adult Ballet
6:30						
6:45	6:45 - 7:45 pm	6:45 - 7:30 pm		6:45 - 7:45 pm	6:45 - 8:00 pm	
7:00	Advanced Jazz 5	Junior Jazz 3		Advanced Jazz 3	Advanced Ballet 4	
7:15						7:15 - 8:15 pm
7:30		7:30 - 8:15 pm				Advanced Ballet 1
7:45	7:45 - 8:15 pm	Mini/Junior Tap 2		7:45 - 8:15 pm		
8:00	Leaps & Turns 7			Leaps & Turns 5	8:00 - 8:45 pm	
8:15	8:15 - 9:00 pm	8:15 - 9:15 pm	8:15 - 9:00 pm	8:15 - 9:00 pm	Pointe 1	8:15 - 9:00 pm
8:30	Lyrical 6	Teen Ballet 4	Mini/Junior Hip Hop 2	Lyrical 4		Contemporary 3
8:45						
9:00						

SUMMER 2023: THURSDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
4:30	4:30 - 6:00 pm	4:30 - 5:15 pm		4:30 - 6:00 pm	4:30 - 5:15 pm	4:30 - 5:30 pm
4:45	Advanced Ballet 3/4	Mini Ballet 1		Advanced Ballet 5	Mini Jazz 2	Teen Jazz 3
5:00						
5:15		5:15 - 6:00 pm	5:15 - 6:00 pm		5:15 - 6:00 pm	
5:30		Mini Jazz 1	Mini Ballet 2		MT Adv A (compliments Adv J 2/3)	5:30 - 6:00 pm
5:45						Teen Leaps/Leaps 5
6:00	6:00 - 6:45 pm		6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 6:45 pm	6:00 - 6:45 pm
6:15	Pointe 2		Taps & Twirls 2	Mini Hip Hop 1	Advanced Tap 2	Junior Hip Hop 2
6:30						
6:45	6:45 - 7:30 pm	6:45 - 7:30 pm		6:45 - 7:30 pm	6:45 - 7:30 pm	6:45 - 7:30 pm
7:00	Pointe 3	Mini Tap 1		Contemporary 4	Junior Ballet 2	MT Adv B (compliments AdvJ 3/4)
7:15						
7:30	7:30 - 8:15 pm	7:30 - 8:15 pm	7:30 - 8:15 pm	7:30 - 8:45 pm	7:30 - 8:15 pm	7:30 - 8:30 pm
7:45	Classical Variations	Contemporary 6	Teen Hip Hop 2	Advanced Ballet 2	Junior Jazz 2	Teen 4/Adv Jazz 3
8:00						
8:15	8:15 - 9:00 pm	8:15 - 9:00 pm			8:15 - 9:00 pm	
8:30	Classical Partnering	Advanced Hip Hop 3			Teen Tap 2/3	8:30 - 9:15 pm
8:45				8:45 - 9:15 pm		Teen Lyrical/Lyrical 4
9:00				PrePointe		

SUMMER 2023: FRIDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
8:00 AM						
8:15 AM	8:15 - 9:00 am					
8:30 AM	PBT (All)					
8:45 AM						
9:00 AM	9:00 - 10:30 am		9:00 - 9:45 AM			
9:15 AM	ADVANCED BALLET 2+		Taps & Twirls 1/2			
9:30 AM						
9:45 AM						
10:00 AM						
10:15 AM						



listen up! IT'S THE IMPORTANT STUFF!



We distribute a monthly newsletter at the beginning of each month that is full of important information related to studio programming and opportunities. These newsletters are also kept on our website for ongoing reference. We also use email, SMS messaging and social media platforms to keep our dancers and parents up to date on an ongoing basis.



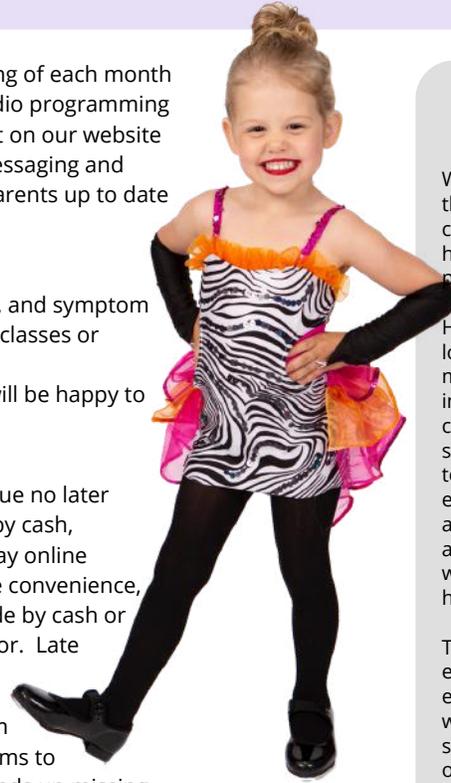
We require all dancers to be 48 hours fever, vomit, and symptom free of **ALL** illness before coming to the studio for classes or rehearsals. If your dancer is ill, please email **office@dancemechanix.biz** to notify us and we will be happy to help you schedule a make up class.



Tuition is posted on the first of the month and is due no later than the tenth of the month. We accept payment by cash, check or credit/debit card. You can conveniently pay online through your Portal or if you would like even more convenience, we have an AutoPay option as well. Payments made by cash or check can be placed in a drop box by the office door. Late payments will incur a \$10 non-refundable late fee.



We ask dancers to keep their belongings with them and use the storage cubbies in the studio classrooms to store their belongings during class. If something ends up missing, we have a Lost & Found bucket that is located in the lobbies of both buildings. We typically donate unclaimed Lost & Found items every couple of months, so be sure to check it often!



LOBBY POLICY

CLOSED

We learned a few things during the policy changes that Covid created. One of those relates to having our lobbies closed for parent observation and waiting.

Having closed observation lobbies allows us to create a more professional environment inside the lobby for our customers. We have a quieter space whereby parents are able to ask questions at the desk in an environment that is less noisy and our dancers have space available, other than the floor, to wait for class, eat and do homework.

This is a policy that we feel enhances our ability to provide excellent dance instruction as well as excellent customer service. We will continue to keep our lobbies closed for parent observation and will continue to invite parents to observe select classes via ZOOM. Our lobbies are always open for front desk assistance!



classroom rules

- No Food in the Classroom
- Water Bottles are Allowed
- Wear the proper shoes; no street shoes are allowed
- No Gum in the Classroom
- Cellphones must be silenced and kept in a bag while class is taking place
- Arrive on time; dancers who are more than 15 minutes late will be asked to observe to avoid injury
- Be kind, positive and respectful to your instructor and to your peers
- Thank your teacher after class
- Adhere to the Dress Code
- When the teacher is talking or the music is playing, dancers should not be talking
- Respect everyone's personal space by keeping your hands and feet to yourself
- Remember... class is a time to learn, grown and have FUN!

dress code TINY DANCERS

Dancers are welcome to wear their favorite leotard and either pink, tan or black tights for all classes other than Acro. Dance skirts, shorts and other accessories are optional. Shoes: Pink Ballet Shoes, Black Mary Jane Style Tap Shoes, and Black Jazz shoes. Suggested stores and styles are available on our website. Hair should be pulled back and away your face.

ALL OTHER CLASSES

Ballet: Any leotard; pink or black tights; pink canvas ballet shoes; hair in bun

Jazz: Any leotard; pink, black or tan tights; dance leggings or shorts can be worn in place of tights; black jazz shoes; hair in bun

Tap: Leotard or shorts; tank tops, leggings or athletic wear; black lace up tap shoes; hair in ponytail; tights not required

Hip Hop: Athletic clothing that you are able to move in; clean white tennis shoes, hair in ponytail

Details on Website



find us

**3805 N. HYDRAULIC AVE
WICHITA, KS 67219**



call us

316.337.5299



text us

214.544.5655



email us

office@dancemechanix.biz



visit us

**www.dancemechanix.biz
www.mdmathome.com**



follow us

@midwestdancemechanix



follow us

@midwest_dance_mechanix

TINY DANCERS

dress code



	<i>girls</i>	<i>boys</i>
HAIR	Hair in ponytail or bun (if long enough) or away from face	N/A
ATTIRE	<p>Leotard (any color or style)</p> <p>Tights*: Ballet Pink, Black or Tan Required for Ballet/Tap combo classes *Tights Not required for Jazz/Hip Hop combo classes or in the Summer months</p> <p>Dance skirt, shorts or leggings (optional)</p>	<p>T-shirt or Tank</p> <p>Shorts or athletic pants</p>
SHOES	<p>Ballet shoes - Pink Canvas or Leather</p> <p>Tap shoes - Black Mary Jane Snaps</p> <p>Jazz shoes - Black Split Sole</p> <p>Hip Hop shoes - White tennis shoes (clean soles please)</p>	<p>Ballet shoes - Black Canvas or Leather</p> <p>Tap shoes - Black lace up</p> <p>Jazz shoes - Black Split Sole</p> <p>Hip Hop shoes - White tennis shoes (clean soles please)</p>

Shoe Specifications & Retail Options

Style	Shoe Description & Brand Preference	Retail Options (prices are estimates)
BALLET	<p>Pink canvas or Leather (Tiny Dancer - Level 2)</p> <p>Capezio or So Danca Canvas Split Sole (Level 3 & above)</p>	<p>Target: \$15 Academy: Capezio Future Star \$20 Attitudes: Bloch \$23 or Capezio canvas \$27</p> <p>Attitudes: \$27</p>
TAP	<p>Black Mary Jane SNAPS (Tiny Dancer)</p> <p>Black Lace Up (Level 1 & 2)</p> <p>Black BLOCH Full Sole Lace Up (Level 3 & above)</p>	<p>Target: \$23 Academy: Mary Jane \$25 Attitudes: \$30</p> <p>Academy: Pro Jazz Tap \$36 Attitudes: So Danca \$38</p> <p>Attitudes: \$91.50</p>
JAZZ	Black Split Sole Jazz Shoe (all levels)	Attitudes: Bloch \$40 or So Danca \$46
HIP HOP	White Tennis Shoes with clean rubber soles	Any

	<i>girls</i>	<i>boys</i>
BALLET	<p>HAIR: Hair must be secured in a proper bun</p> <p>LEOTARD: Leotard (any color or style) (black is required for classes taught by Stan or Sharon Rogers)</p> <p>TIGHTS*: Black or Ballet Pink (pink is required for classes taught by Stan or Sharon Rogers)</p> <p>OTHER ATTIRE: Ballet skirts and shorts are optional</p> <p>SHOES: Pink Canvas or Leather (Level 1 & 2)</p> <p>SHOES: Capezio Canvas Split Sole (Level 3 & above)</p>	<p>ATTIRE: T-shirt or white tank top</p> <p>ATTIRE: Shorts or Black Tights*</p> <p>ATTIRE: Dance belt (teen & senior level)</p> <p>SHOES: Black Canvas or Leather</p>
JAZZ	<p>HAIR: Hair secure in a proper bun or other secure style. No ponytails or hair that is not secured.</p> <p>LEOTARD: Leotard (any color or style) Athletic tops / sports bras may be worn instead of a leotard for Teen (14+) only</p> <p>TIGHTS*: - Optional Black or Skin Tone Tights are NOT required if leggings or shorts are worn</p> <p>OPTIONAL ATTIRE: Dance shorts or leggings can be worn instead of tights</p> <p>SHOES: Black (Capezio or Bloch)</p>	<p>ATTIRE: T-shirt or tank top</p> <p>ATTIRE: Shorts</p> <p>SHOES: Black (Capezio or Bloch)</p>
TAP	<p>HAIR: Hair secured away from face in ponytail or bun</p> <p>ATTIRE: Leotard or shirt and shorts/leggings Tights not required</p> <p>SHOES: Black So Danca Lace up (Level 1 & 2)</p> <p>SHOES: Black Bloch Full Sole Lace Up (Level 3 & above)</p>	<p>ATTIRE: T-shirt or tank top</p> <p>ATTIRE: Shorts or athletic pants</p> <p>SHOES: Black So Danca Lace up (Level 1 & 2)</p> <p>SHOES: Black Bloch Full Sole Lace Up (Level 3 & above)</p>
HIP HOP	<p>HAIR: Hair secured away from face in ponytail or other</p> <p>ATTIRE: Comfortable Work Out Clothes (shorts, leggings, tanks or tees, sweats, flannels)</p> <p>Clean WHITE soled Tennis shoes</p>	<p>ATTIRE: Comfortable Work Out Clothes (shorts, leggings, tanks or tees, sweats, flannels)</p> <p>Clean WHITE soled Tennis shoes</p>
ACRO	<p>HAIR: Hair in ponytail or away from face</p> <p>ATTIRE: Leotard or Unitard (shorts optional)</p> <p>SHOES: No shoes / Bare Feet</p>	<p>ATTIRE: Shorts and t-shirt or tank top</p> <p>SHOES: No shoes / Bare feet</p>

*Tights not required in Summer months

Shoe Specifications & Retail Options

Style	Shoe Description & Brand Preference	Retail Options (prices are estimates)
BALLET	<p>Pink canvas or Leather (Tiny Dancer - Level 2)</p> <p>Capezio or So Danca Canvas Split Sole (Level 3 & above)</p>	<p>Target: \$15 Academy: Capezio Future Star \$20 Attitudes: Bloch \$23 or Capezio canvas \$27</p> <p>Attitudes: \$27</p>
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JAZZ	<p>Black Split Sole Jazz Shoe (all levels)</p>	<p>Attitudes: Bloch \$40 or So Danca \$46</p>
HIP HOP	<p>White Tennis Shoes with clean rubber soles</p>	<p>Any</p>



**DANCE THE SUMMER AWAY
WITH MIDWEST DANCE MECHANIX**

twist
bend
pop
flex
stretch

IT !!

AN ACRO & CONDITIONING CAMP

DATES: JUNE 5 - 8
AGES: 5 - 18 | FEE: \$165
9 AM - 12 PM

Magical
DANCE
Adventure

FAIRIES & MERMAIDS & UNICORNS... OH MY!

DATES: JUNE 13 - 15
AGES: 3 - 8 | FEE: \$165
9 AM - 12 PM



**STUDENT
CHOREOGRAPHY
WORKSHOP**



DATES: JUNE 19 - 23
AGES: 9 - 18+ | FEE: \$180
**NOW OPEN
TO YOUNGER* STUDENTS!**
*class level prerequisites apply

FANCY DANCY

DELIGHTFUL DANCE CAMP & TEA PARTY



JUNE 16: 12:30 - 3:30 PM

JULY 11: 9 AM - 12 PM

AGES: 3 - 6 | FEE: \$60

BRING IT ON!



DATES: JUNE 27 - 29

AGES: 3 - 16 | FEE: \$165

8:30 - 11:30 AM OR 12:30 - 3:30 PM

Princess Parade

A ROYAL DANCE CELEBRATION



DATES: JULY 17 - 20

AGES: 3 - 8 | FEE: \$175

8:30 - 11:30 AM OR 12:30 - 3:30 PM

technique WORKSHOP



DATES: JULY 17 - 20

AGES: 6 - 18 | FEE: \$165

12:30 PM - 3:30 PM

MDM
MIDWEST DANCE MECHANIX

WWW.DANCEMECHANIX.BIZ/SUMMER-CAMPS

FOR MORE INFORMATION & REGISTRATION

316.337.5299 | office@dancemechanix.biz | 3805 N. Hydraulic Ave.