

AGE 9 & UP

advanced curriculum

TAP, HIP HOP, ACRO & STRENGTH & CONDITIONING

CLASS	TEACHER	DAY	TIME
Advanced Tap 1*	CW	Monday	6:15 PM - 7:00 PM
Advanced Tap 2*	CW	Thursday	6:00 PM - 6:45 PM
Advanced Tap 3*	CW	Monday	7:00 PM - 7:45 PM
Advanced Tap 4*	CW	Monday	7:00 PM - 7:45 PM
Advanced Hip Hop 1*	AB	Monday	7:00 PM - 7:45 PM
Advanced Hip Hop 2*	AB	Thursday	7:30 PM - 8:15 PM
Advanced Hip Hop 3*	AB	Thursday	8:15 PM - 9:00 PM
Advanced Hip Hop 4*	AB	Wednesday	6:45 PM - 7:30 PM
Advanced Conditioning for Dancers*	AB	Thursday	6:00 PM - 6:45 PM
Strength & Stretch* (ages 10+)	TS	Wednesday	5:15 PM - 6:00 PM
Strength & Stretch/PBT* (ages 10+)	AK	Thursday	8:15 PM - 9:00 PM
Strength & Stretch/PBT* (ages 10+)	CB/JO	Saturday	8:15 AM - 8:45 AM
Progressing Ballet Technique* (prerequ Ballet 3+)	TS	Saturday	8:15 AM - 8:45 AM
Acro 1*	KH	Tuesday	4:30 PM - 5:15 PM
Acro 2**	KH	Wednesday	4:30 PM - 5:15 PM
Acro 3**	KH	Tuesday	8:15 PM - 9:00 PM
Acro 4**	KH	Wednesday	5:15 PM - 6:00 PM
Acro 5**	KH	Tuesday	7:30 PM - 8:15 PM

FALL 2023



Our Advanced Curriculum programming requires instructor placement in all levels and is designed to challenge students who are committed to serious dance training. Students will receive individual feedback and class evaluations each semester and will have opportunities to perform in the both the Holiday Showcase (December) and Spring Recital (May), However, most Advanced classes are "technique only" and do not perform in these performances. All Advanced classes require placement by an instructor. **ACRO classes require skill placement.

***does not perform in Holiday Showcase**

MDM
MIDWEST DANCE MECHANIX