

AGE 12 - 19

teen classes

take 4-5 classes per week for maximum benefit!

FALL 2023



CLASS	TEACHER	DAY	TIME
Intro to Ballet & Jazz	CJ	Tuesday	6:00 PM - 7:15 PM
Teen Ballet 2	CJ	Monday	7:45 PM - 8:45 PM
Teen Ballet 3	CJ	Monday	7:45 PM - 8:45 PM
Teen Ballet 4	AK	Monday	7:45 PM - 8:45 PM
Teen Jazz 2	PM	Monday	4:30 PM - 5:30 PM
Teen Jazz 3	PM	Monday	4:30 PM - 5:30 PM
Teen Jazz 3	KM	Tuesday	6:00 PM - 7:00 PM
Teen Jazz 4	LP	Thursday	7:30 PM - 8:30 PM
Intro to Tap	LP	Tuesday	8:15 PM - 9:00 PM
Teen Tap 1	LP	Tuesday	8:15 PM - 9:00 PM
Teen Tap 2	PM	Monday	5:30 PM - 6:15 PM
Teen Tap 3	PM	Monday	5:30 PM - 6:15 PM
Intro to Hip Hop	MW	Thursday	4:30 PM - 5:15 PM
Teen Hip Hop 1	SZ	Thursday	8:15 PM - 9:00 PM
Teen Hip Hop 2	LP	Thursday	7:30 PM - 8:15 PM
Teen Hip Hop 3	LP	Thursday	7:30 PM - 8:15 PM
Teen Hip Hop 4	SZ	Thursday	8:15 PM - 9:00 PM



CLASS	TEACHER	DAY	TIME
Teen Contemporary/Lyrical* (Ballet 2 prereq)	AB	Monday	6:15 PM - 7:00 PM
Intro to Music Theatre*	PM	Thursday	8:15 PM - 9:00 PM
Teen Prepointe* (Ballet 4 prereq)	AK	Monday	8:45 PM - 9:15 PM
Teen Pointe*	CJ	Monday	8:45 PM - 9:15 PM
Acro 1**	KH	Tuesday	4:30 PM - 5:15 PM
Acro 2**	KH	Wednesday	4:30 PM - 5:15 PM
Acro 3**	KH	Tuesday	8:15 PM - 9:00 PM
Acro 4**	KH	Wednesday	5:15 PM - 6:00 PM
Acro 5**	KH	Tuesday	7:30 PM - 8:15 PM
Strength & Stretch* (ages 10+)	TS	Wednesday	5:15 PM - 6:00 PM
Strength & Stretch/PBT* (ages 10+)	AK	Thursday	8:15 PM - 9:00 PM
Strength & Stretch/PBT* (ages 10+)	CB/JO	Saturday	8:15 AM - 8:45 AM
Adult/Teen Hip Hop*	MK	Monday	8:30 PM - 9:15 PM

Dancers ages 12+ use a progressive curriculum in all genres designed to teach proper technique and dance fundamentals in a fun and nurturing environment. Dancers have performance opportunities in the Holiday Showcase (December) and Spring Recital (May) and will receive individual feedback each semester through the use of curriculum progress sheets & individual goal setting sessions. Intro classes are recommended for dancers with no dance experience. Free trial/placement classes are available for all other levels.